



Health & Safety Policy

It is the policy of our childcare service to promote a healthy lifestyle through prevention of illness and establishing healthy eating patterns. It is our policy to comply with current regulations including the Child Care (Pre-school Services) Regulations 1996, the Food Hygiene Regulations and any subsequent amendments.

Healthy Eating Policy

- ❖ Parents must inform the Resource Centre Manager if their child suffers from an allergy to any foodstuffs, who in turn must notify all relevant staff.
- ❖ A balanced diet is provided with fresh, nutritious food for our full time children. Healthy snacks are provided for our part-time children as appropriate.
- ❖ We adhere strictly to a health food policy. Children may bring a healthy lunch to playgroup (i.e. sandwich, bread and jam, small yoghurt, fruit and vegetables) and a healthy drink (i.e. milk, water, juice). Tap water is available at the Resource Centre.
- ❖ Sweets, bars, taytos and fizzy drinks are absolutely forbidden at the Resource Centre and will be confiscated, without exception, by the Childcare worker and returned to the child as they leave the premises.
- ❖ The Resource Centre likes to celebrate each child's birthday. Parents may arrange to bring a birthday cake, popcorn, rice krispie buns, marshmallows, balloons (but again no sweets, taytos etc.)
- ❖ At Christmas, Easter, Halloween and end of school year a small party is held for the children. These are the only occasions when sweets, taytos etc. are allowed and will be purchased by the Resource Centre. This policy is in place for the health and safety of all the children.

Adopted at a meeting of Corrandulla Community Resource Centre Ltd. / Board of Directors

Date _____

Date _____

By _____
Manager

By _____
Chairperson